

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## LEARNING STYLE INVENTORY

| <b>When you</b>            |   |   |   |
|----------------------------|---|---|---|
| <b>SPELL</b>               | Do you try to see the word?   | Do you sound out the word?  | Do you write down the word?   |
| <b>TALK</b>                | Do you speak, but dislike listening for too long? Do you use words like see, picture or imagine in conversations? | Do you enjoy listening, but impatient to talk? Do you use words like hear and think in conversations? | Do you use gestures and expressive movements? Do you use words such as feel, touch and hold in conversations? |
| <b>CONCENTRATE</b>         | Do you become distracted by messiness, sound or movement?   | Do you become distracted by sounds or noises?   | Do you become distracted by activity around you?  |
| <b>MEMORY</b>              | Do you forget names but remember faces or where you met?  | Do you forget faces but remember what you talked about?   | Do you remember best what you did together?   |
| <b>GETTING INFORMATION</b> | Do you prefer to meet face to face directly?  | Do you prefer to talk on the phone?   | Would you rather talk while walking or doing an activity?   |
| <b>READING</b>             | Do you like descriptive scenes or pause to imagine actions?   | Do you enjoy dialogue or conversation or hear the characters talk?                                    | Do you prefer action stories or maybe not reading at all?   |

|                      |  |   |   |
|----------------------|--|---|---|
| <b>UNDERSTANDING</b> | Do you like Power Points, diagrams, demonstrations or movies?                            | Do you like hearing the new information verbally or while talking to someone? | Would you rather try understanding it on your own?          |
| <b>ASSEMBLING</b>    | Do you use instructions and pictures?  | Do you prefer to have someone read the directions while you assemble?         | Do you ignore directions and figure it out as you go along? |
| <b>LEARNING</b>      | Do you look for pictures or diagrams?  | Do you ask a friend or family member for help?                                | Do you prefer trial and error on your own?                  |
| <b>HEARING</b>       | Do you hear it in the background but don't let it distract you from the work your doing? | Do you sing along because you remember song words easily?                     | Do you move and dance?                                      |
| <b>TOTAL</b>         |  |   |   |
|                      | <b>VISUAL</b>  | <b>AUDITORY</b>   | <b>KINESTHETIC-TACTILE</b>                                  |

I am a \_\_\_\_\_ learner!!

Now that I know my learning style.....what will make learning easier?!

**IF YOU ARE A VISUAL LEARNER TRY THE FOLLOWING:**

1. Color code, use highlighters, draw small pictures
2. Write our summaries that you can read over and over again
3. Make flashcards and use highlights to emphasize material
4. Use diagrams, vocabulary graphic organizers and pictures
5. Write out math steps in full sentences to re-read
6. Use a computer to copy notes and read over and over again
7. Use post-it notes as reminders - put them by your bed, mirror or chair
8. Look up short videos on-line on the topic
9. Organize study space with limited distractions
10. Use blank spaces on paper to use different spatial arrangements

**IF YOU ARE AN AUDITORY LEARNER TRY THE FOLLOWING:**

1. Find a study buddy and review together
2. Talk out loud - go in your room and read notes loudly to yourself
3. Use audio material such as
4. Create your own oral notes by using your phone or
5. Talk your way through a math problem and repeat each step
6. Write out solutions in math and science and read them out loud
7. Put what your trying to remember in a common song then sing it
8. Work in quiet areas free from distractions
9. Examine pictures in textbooks and write down visual descriptions
10. Use mnemonics, rhymes, and jingles

**IF YOU ARE A KINESTHETIC/TACTILE LEARNER TRY THE FOLLOWING:**

1. Use movement whenever possible
2. Write down key words
3. When studying walk around with text book, notes or flashcards
4. Think of ways to make learning hands on like using index cards to write down words and definitions
5. Use highlighters to focus on the important information
6. Use a whiteboard or small chalkboard to write down information you are reviewing
7. Use your computer to copy notes
8. Incorporate dancing, jumping or clapping as you repeat information
9. Teach the material to someone else
10. Actively participate in classroom discussions